THE STARTERS

THE HUGE SOFT BAVARIAN PRETZEL HOOK **1** Salt and pepper baked with our famous queso and spicy ale mustard 14 ¹/₂

SEARED DIVER SCALLOPS & SALTED APPLE-CHARDONNAY "CARAMEL" TOSTONES Roasted sweet pepper-basil pesto and organic micro herbs 24 ½

TIBURON'S FAMOUS CHEESE STUFFED CAST-IRON BAKED MEATBALLS >> EVOO and basil pomodoro, garlic ciabatta toast, herbed ricotta and 3-cheeses 16 ½

PEANUT BRAISED CHICKEN & BIBB LETTUCE WRAPS & TroonFIT Sesame teriyaki and peanut ponzu sauces. Asian slaw, water chestnuts and cucumbers 16 ½

TIBURON'S FAMOUS HAND-BREADED BUTTERMILK TENDERS >>

Buttermilk brined with a basket of house-spiced seasoned pub fries with side of secret sauce 19 THE CHEESIEST BACON & SCALLION, HOUSE-CUT PUB FRIES & N

Melted cheddar, Gouda, provolone and mozzarella with house queso and ranch dressing 17 ½

ROASTED SWEET RED PEPPER & BASIL-GARLIC HUMMUS DUET TroonFIT V EVOO, micro basil, grilled warm pita bread, assorted olives and mixed crudité vegetables 14

THAI SPICED CRISPY FLORIDA ROCK SHRIMP

Crispy shrimp with garlicky challah Texas toast and sweet chili-sesame banger sauce, scallions and sriracha 19 ½

SESAME SEARED RARE TUNA TATAKI BOWL* & Troonfit Warm Jasmine rice, sesame-pickled ginger slaw, scallions and dry roasted edamame 22 ½

THE SOUPS

TIBURÓN CHILI G Cheddar, tortilla strips and red onions 6 ½ /8 ½ DAILY SOUP

Made daily from fresh ingredients 6 ½ /8 ½

THE SALADS

Salads served with fresh baked muffin of the day

Add Grilled or Blackened Chicken 11 / Jumbo Shrimp Skewer 16 ½ / Fresh Salmon* 20 / Fresh Grouper MKT/ 6oz grilled filet mignon 20 Smaller salad subtract 2

GRILLED 60Z FILET MIGNON & DANISH BLUE CHEESE ICEBERG WEDGE SALAD Crispy Applewood bacon, heirloom grape tomatoes, red onions and blue cheese dressing with balsamic drizzle 34 ½ SOUTHWESTERN SEARED RARE TUNA, ARTISAN GREENS & AVOCADO SALAD* Cucumbers, scallions, freshly made pico de gallo and crispy corn tortilla strips with cilantro-lime vinaigrette 28 MEDITERRANEAN SPICE GRILLED JUMBO SHRIMP & FETA CAESAR SALAD Romaine lettuce, classic dressing and our famous butter croutons with Kalamata olives and marinated peppers 29 ½

ROA<mark>STED ACO</mark>RN SQUASH, KALE & MAPLE VINAIGRETTE SALAD & Troonfil **V**

GRILLED OR BLACKENED SALMON CITRUS SALAD* & TroonFIT Romaine lettuce, heirloom tomatoes, Florida citrus segments, cucumber and lemon-basil dressing 32

MARINATED RED BEET, FETA & GLAZED PECAN SALAD & Troonfit N V

Heirloom grape tomatoes and red onions tossed with lemon-herb vinaigrette, atop artisan mixed greens 17 ½ BABY HEIRLOOM TOMATO & FRESH MOZZARELLA CAPRESE SALAD & N

Marinated with red onions, micro basil and Ciliegine mozzarella with white balsamic and artisan greens 18 ½

BUTTERMILK FRIED CHICKEN, DANISH BLUE CHEESE, BACON & AVOCADO COBB Artisan greens, crispy bacon, hard-boiled egg, scallions, Danish and heirloom grape tomatoes with crispy 23 ½

ASIAN GRILLED JUMBO SHRIMP, MACADAMIA NUT & ROMAINE SALAD TroonFIT Tossed in sesame vinaigrette with scallions, heirloom grape tomatoes and crispy won tons 29 ½ SUNBURST ARTISAN GREENS, MARCONA ALMOND & BERRY SALAD & TroonFIT V

Heirloom grape tomatoes and crumbled feta cheese with herbed white balsamic vinaigrette 17 ½

TIBURÓN'S CHICKEN & ALBACORE TUNA SALAD STUFFED AVOCADO DUO & Artisan greens, tropical fresh fruits and berries 21 ½

BUILD YOUR OWN SALAD N

Choice of iceberg, romaine, kale or artisan greens with up to 5 fresh veggies, cheeses or toppings and one dressing 17

*Consumer advisory: consumption of raw or undercooked meat, seafood eggs and poultry may increase the risk of illness
TroonfIT Lighter Fare Gluten Free Items Member Favorite Vegetarian

THE HANDHELDS

Served with hand-cut and seasoned pub fries, Deep River kettle chips, avocado half, fresh fruit or hand chopped cole slaw Upgrade to truffle-parmesan fries or grilled asparagus 2 ½ Upgrade to cup of soup du jour, small house salad or Tiburón chili 6 Substitute Gluten Free sliced bread or butter grilled gluten free Kaiser Roll 2

THE ULTIMATE BUTTERMILK CHICKEN 🔐 – 🙏 GRILLED CHEESE 🔊 🜌

Grilled challah with 5-cheeses stuffed with chicken and waffle fries with garlic pickles and secret sauce on side 18 $^{\prime\prime}_{2}$

BOAR'S HEAD TURKEY & HAM "CLUB" WRAP OR TRIPLE DECKER SANDWICH N White cheddar, Applewood smoked bacon, lettuce and tomato with creamy roasted garlic ranch 19 1/2

FRESH FLORIDA BLACK GROUPER SANDWICH We only serve the freshest Florida-caught Black Grouper Choice of buttermilk fried, grilled or blackened European butter grilled artisan brioche roll, lettuce, tomato and red onion with lemon-mustard sauce. mkt

COUNTRY CLUB CLASSIC ALBACORE TUNA MELT N European butter grilled English muffins, grilled tomatoes, albacore tuna salad and melted cheddar cheese 19 ½ BUTTERMILK FRIED, CITRUS GRILLED OR BLACKENED CHICKEN CLUB

European butter grilled brioche, Applewood bacon, melted Swiss, lettuce and tomato with honey mustard 21 ½

Tiburón <mark>Ultimate S</mark>ugar Cured Bacon & White Cheddar Burger* Seasoned and grilled prime chuck, brisket and short rib with crispy buttermilk onions and house queso 23 1/2

Thai Spiced Crispy Florida Rock Shrimp Tacos 🔊

Shredded cabbage, house-made tomato pico, mixed cheese and sweet chili-sesame banger sauce 20 ½

SHAVED BLACK PEPPER PASTRAMI REUBEN Grilled marble rye, 1000 island dressing, sauerkraut and melted Swiss cheese 19 ½

CALIFORNIA GRILLED CHICKEN, BACON & AVOCADO WRAP N

Chipotle-honey aioli, shredded lettuce, tomatoes, avocado and melted Swiss cheese with crispy bacon 22 ½

JUMBO HEBREW NATIONAL HOT DOG

European butter grilled artisan challah bun with choice: chili, cheese, onions, Chicago relish, celery salt and tomatoes 13 SMOKED BOURBON BBQ BRISKET TACOS

Shredde<mark>d cabbage,</mark> pico de gallo and mixed cheese with BBQ smoked brisket with side of ranch 19 ½

YOU CALL IT DELI SANDWICH OR LETTUCE WRAPPED "UNWICH"

Choice of bread, wrap or iceberg, deli meats, cheese, chicken or tuna salad with lettuce, tomato and red onion Whole 16 ½ Half 14 ½

 THE GRILLED FLATBREADS

 Served on a 12 inch grilled crispy stone baked crust
 Substitute gluten-free crispy rice flour crust 2

BRAISED WILD MUSHROOMS, HEIRLOOM TOMATO-BASIL & RICOTTA FLATBREAD Mozzarella-provolone and asiago cheese with balsamic reduction and micro basil 18 $\frac{1}{2}$

> BOURBON BBO SMOKED BRISKET & CHEDDAR 4-cheeses, crispy buttermilk fried red onions and pico de gallo with ranch drizzle 21 ½ THE ULTIMATE 6-CHEESE FLATBREAD N

Mozzarella, cheddar, Monterrey Jack, provolone, asiago and Gouda with tomato-basil pomodoro 18 ½

CLASSIC EVOO ROASTED HEIRLOOM TOMATO MARGHERITA N

Locally grown tomatoes, fresh mozzarella, asiago cheese and micro basil 17 ½

BUTTERMILK FRIED BUFFALO CHICKEN & BACON N

Creamy blue cheese and buffalo sauce with 5-cheeses, bacon and scallions topped with crispy chicken 21 ½

THE SYDNEY'S PUB FARE

CRISPY BUTTERMILK FRIED FLORIDA BLACK GROUPER & CHIPS N

Seasoned pub fries, creamy lemon-garlic tartar sauce, creamy cole slaw and grilled lemon MKT

TIBURÓN CHIPOTLE BRAISED CHICKEN NACHOS 🖙 🔊

White queso, mixed cheese and pico de gallo with trio of pickled jalapenos, guacamole and sour cream 17

SYDNEY'S FAMOUS JUMBO CHICKEN WINGS &

With celery and carrots, tossed in your choice: Buffalo hot, mild, pineapple-habanero, sesame teriyaki, Caribbean jerk sauce or dry rubbed with signature Cajun-ranch spice 22 ½

BAKER'S DOZEN COOKIES TO GO 🔊

Freshly baked daily. Ask your server for today's variety 14 $\ensuremath{^{\prime\!\!}}_2$

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